



Infoline: 0844 477 4788
(5p per min - call costs from mobiles will vary)

Registered Charity No: 700314 Company number: 2228358

لیڈز سٹیٹنز ایڈوائس بیورو: ہم آپ کی کیسے مدد کر سکتے ہیں؟

ہم مختلف اقسام کے موضوعات پر مفت رازدرازی، آزادانہ مشورہ دیتے ہیں۔ برائے مہربانی ہمارا اوپننگ ٹائمز لیف لیٹ اور ہماری ویب سائٹ www.leedscab.org.uk دیکھئے۔ اگر آپ انگریزی نہیں بولتے تو برائے مہربانی کسی کو اپنے ساتھ لائیں جو بول سکتے ہوں یا ہمیں بتائیں کہ آپ کون سی زبان بولتے ہیں۔

ਲੀਡਜ਼ ਸਿਟੀਜ਼ਨਜ਼ ਐਡਵਾਈਸ ਬਿਊਰੋ: ਅਸੀਂ ਤੁਹਾਡੀ ਮਦਦ ਕਿਵੇਂ ਕਰ ਸਕਦੇ ਹਾਂ?
ਅਸੀਂ ਕਈ ਪ੍ਰਕਾਰ ਦੇ ਵਿਸ਼ਿਆਂ ਤੇ ਮੁਫਤ, ਗੁਪਤ ਅਤੇ ਨਿਰਪੱਖ ਸਲਾਹ ਦਿੰਦੇ ਹਾਂ। ਕਿਰਪਾ ਕਰਕੇ
ਸਾਡਾ 'ਓਪਨਿੰਗ ਟਾਈਮਜ਼' ਲੀਫਲੈਟ ਅਤੇ ਸਾਡੀ ਵੈਬਸਾਈਟ www.leedscab.org.uk ਦੇਖੋ।
ਜੇ ਤੁਸੀਂ ਅੰਗਰੇਜ਼ੀ ਨਹੀਂ ਬੋਲ ਸਕਦੇ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਕਿਸੇ ਨੂੰ ਨਾਲ ਲਿਆਓ ਜੋ ਅੰਗਰੇਜ਼ੀ ਬੋਲ
ਸਕਦਾ ਹੋਵੇ ਜਾਂ ਸਾਨੂੰ ਦੱਸ ਸਕੇ ਕਿ ਤੁਸੀਂ ਕਿਹੜੀ ਭਾਸ਼ਾ ਬੋਲਦੇ ਹੋ।

লিডস্‌ সিটিজেন এডভাইস বুরো: আমরা কেমন করে সাহায্য করতে পারি? আমরা অনেক বিষয়ে
স্বি, গোপনীয়, নিরপেক্ষ উপদেশ দিয়ে থাকি। আমাদের খোলা থাকার সময় ও ওয়েব সাইটে:
www.leedscab.org.uk দেখুন। আপনি যদি ইংরেজি না বলেন তাহলে কোন ব্যক্তিকে
সাথে নিয়ে আসুন যিনি আপনার ভাষা বলেন বা বলতে পারেন আপনি কোন ভাষায় কথা বলেন।

利茲市民諮詢局：我們可以如何幫助你？

我們在各種各樣的主題上可給你免費、保密及獨立的忠告。請參閱我們的「開放
時間」(Opening Times) 的小冊子和網站：www.leedscab.org.uk。如果你不講英語，
請帶同能操英語或可告訴我們你所講的語言的朋友前來。

Biuro Porad dla Mieszkańców miasta Leeds: jak możemy Państwu pomóc?

Udzielamy darmowych, poufnych, niezależnych porad na różne, w szerokim zakresie problemy. Godziny przyjęć umieszczone są w naszej ulotce oraz na stronie internetowej: www.leedscab.org.uk Osoby nieznające języka angielskiego proszone są o przyjęcie z kimś kto potrafi mówić po angielsku lub poinformować nas w jakim języku Państwo chcą z nami rozmawiać.

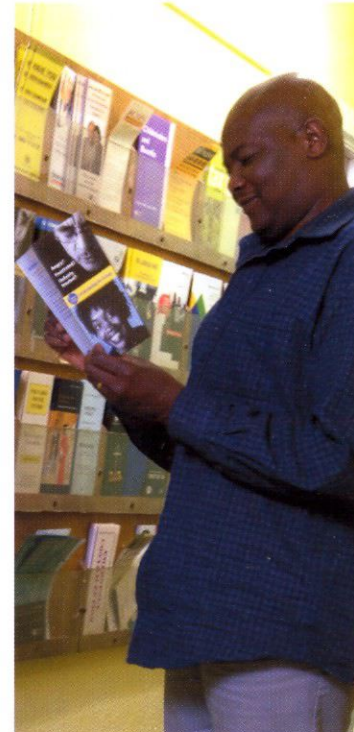
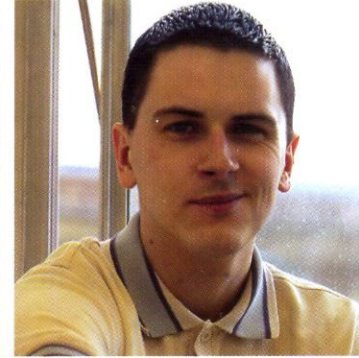
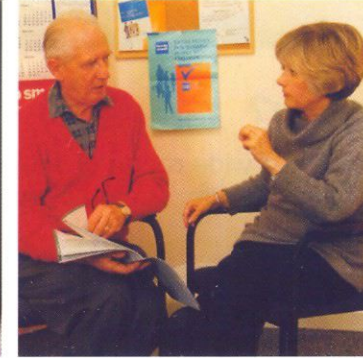
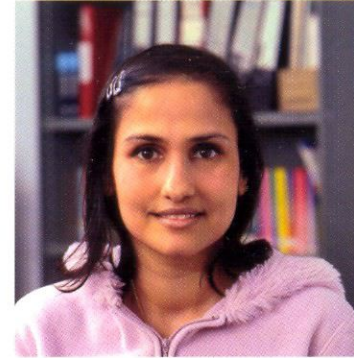
Leeds Citizens Advice Bureau: Sideen ku caawini karnaa?

waxaan bixinaa waano ama talooyin bilaash ah, qarsoodi kuu ah, madaxbanaan, oo aad kuhelaysid mawaadiic kala duwan. fadlan kafiiri waqtiyaasha aan furanahay joornaalkayaga ama bartayada intarneedka: www.leedscab.org.uk. hadaanad ingiriiska kuhadlin fadlan soo kaxayso qof nosheega afka aad kuhadashid.

Leeds Citizens Advice Bureau



The charity for your
community since 1939



**Free, independent, confidential
and impartial advice**





How can we help you?



How can we help you?

Leeds CAB offers advice on a wide range of subjects and is open to everyone living or working in Leeds. The main subjects we can advise on are:

- Benefits & Tax Credits
- Debt
- Housing
- Employment rights

We can also help with many other subjects, including fuel bills, discrimination, tax, legal matters and more. If we cannot help with your enquiry, we will find another organisation that can.

How can you get advice?

We run advice sessions at five bureaux across Leeds and at many other outreach locations: GP surgeries, Children's Centres, mental health services, Asian women's centres, Cottingley Springs traveller's site and we make home visits. For details of our opening times and locations, please:



- Ask for our 'Opening Times' leaflet, or
- Call our 24 hour information line: 0844 477 4788 (minicom: 0113 281 6749), or
- Go to our website: www.leedscab.org.uk

If you are going to visit us for advice, please help us to make the most of your visit:

- Bring all the paperwork about your enquiry with you (eg letters, bills and details of your all your debts)
- Check for any important dates or deadlines (eg for benefit appeals)
- Tell the adviser if you have visited us before and if other people are involved (eg your ex-partner)



Demand for our services is high and you may have to wait for some time to be seen by an adviser. We are working hard to reduce waiting times.

You can get up to date and reliable information from our national website: www.adviceguide.org.uk and from our 24 hour information line: 0844 477 4788.

About Leeds Citizens Advice Bureau

Leeds CAB is an independent charity that has been helping local people since 1939. We combat poverty and social injustice by giving people the advice they need and by influencing local and national policies that affect their lives.



We receive significant support from Leeds City Council to run our services but also rely on local fundraising and volunteers to help us to meet the high demand for our help. You could support us by:

Becoming a Leeds CAB volunteer

We always need volunteers as advisers (face to face and telephone), administrators, campaigners and trustees. We provide extensive training and support for all our volunteers. If you'd like to know more, please call: 0845 1 264 264.

Making a donation

We make no charge to clients for our services so we rely on fundraising to help us respond to the growing need for help. All donations, of any size, make a difference. If you would like to make a donation, please see our website or send a cheque (payable to 'Leeds CAB') to:

Leeds CAB,
Westminster Buildings,
31 New York Street,
Leeds
LS2 7DT

