

Lakeside House
4 Smith Way
Enderby
Leicester
LE19 1SS

Tel: 0116 295 7574
Fax: 0116 295 7599

Children's Mental Health and Psychological Well-Being E- Bulletin

September 2008

This update summarises the latest additions to the Mental Health and Psychological Well-Being section of the CSIP CYPF website, and the Knowledge Community over the last month.

News Items

£56.6 Million to Tackle Youth Crime Across England

Government announces a cash injection of almost £60 million into 69 local authority areas to help tackle youth crime.

http://www.dcsf.gov.uk/pns/DisplayPN.cgi?pn_id=2008_0202

Suicide Act

Extract from Hansard, declaring Government's intention to legislate to update the Suicide Act as soon as parliamentary time allows. This is in relation to dealing with misuse of the internet to promote suicide and suicide methods.

<http://www.publications.parliament.uk/pa/cm200708/cmhansrd/cm080917/wmstext/80917m0001.htm#0809173000013>

UK Lifts Reservations on the UN Convention on the Rights of the Child (UNCRC)

The Government is removing two reservations, relating to immigration and children in custody with adults, on the UN Convention on the Rights of the Child (UNCRC).

http://www.dcsf.gov.uk/pns/DisplayPN.cgi?pn_id=2008_0209

Girls most likely to be restrained

Girls in the youth justice system are more likely to be restrained than boys, according to figures gathered by The Howard League for Penal Reform. Andrew Neilson, assistant director of the charity has suggested that young girls may provoke restraint as a method of self-harm.

<http://www.cypnow.co.uk/bulletins/Daily-Bulletin/news/848286/?DCMP=EMC-DailyBulletin>

Children still treated on adult psychiatric wards, claim Conservatives

The Conservatives have revealed that an estimated 750 children across England are still being treated on adult wards for mental health problems.

<http://www.guardian.co.uk/society/2008/sep/25/mentalhealth.childrenonadultwards>

Children's Services Mapping Website

Child health, CAMHS and maternity service mapping is being merged with local authority children's services mapping to create a new, integrated, national mapping system that includes services from all the agencies that come within the responsibility of Children's Trusts.

<http://www.childrensmapping.org.uk/>

Survey shows poor postnatal support for women

A survey of 6000 UK mothers found that 46% of respondents reported that they had only seen their health visitor once or twice in the first two months after giving birth.

<http://www.rcm.org.uk/magazines/news/survey-shows-poor-postnatal-support-for-women/>

Personality Disorder Website – User Survey

Have your say about the National Personality Disorder website.

http://www.personalitydisorder.org.uk/index2.php?page_id=160

Events and Courses

School Perspectives - Improving Outcomes for Children & Young People with Attention Deficit Hyperactivity Disorder (ADHD)

14th October, Corley. This NICE recommended training course is aimed at education professionals. It provides an opportunity to acquire Specialist Knowledge and practical strategies for the Classroom Management of ADHD.

<http://www.addexcellencetraining.com/content/view/13/22/>

Inpatient Psychiatric Care for Young People ...Developing Age Appropriate Services

24th October, Birmingham. A Royal College of Psychiatrists conference for CAMHS professionals who face the challenge of providing 'round the clock', accessible and appropriate services for young people with severe mental disorders.

<http://www.rcpsych.ac.uk/pdf/-%20%20Inpatient%20PsychiatricCareYoungPeople.pdf>

Using Outcomes Based Accountability to Tackle Child Poverty

8th November, Leicester. This one day workshop is led by Mark Friedman

<http://kc.csip.org.uk/viewevent.php?action=viewevent&eid=1329&grp=1>

The Mental Health Act is Changing: Are You Ready?

NIMHE is running a series of one day training workshops focussing on the changes introduced by the Mental Health Act 2007. These events are specifically aimed at voluntary sector staff, service users and carers - to provide them with knowledge and information about the changes to the Mental Health Act. There are 5 regional events:

- London 11th November 2008
- Cambridge 18th November 2008
- Exeter 20th November 2008
- Stoke-on-Trent 25th November 2008
- Leeds 27th November 2008

<http://kc.csip.org.uk/viewdocument.php?action=viewdox&pid=0&doc=39178&grp=1>

Improving life chances for young people with ADHD...

11th November, London. This Royal College of Psychiatrists conference aims to bring together various strands i.e. use of medication, psychological interventions, the biological perspective, and the voice of people with ADHD, to chart a course for service development and show you how to implement best practice.

<http://www.rcpsych.ac.uk/pdf/ADHD%20Conference.pdf>

Working Effectively with troubled and Troublesome Teenagers

This workshop is run by Richard Brook through Mindfield Colleges and clarifies what healthy teenage development looks like, why things can go wrong and how to help young people overcome obstacles and begin to create lives that work well. This is an intensive and varied programme that focuses on gaining skills from a Human Givens perspective.

- Wed 12th Nov 2008, Manchester
- Thurs 11th Dec 2008, London
- Thurs 12th Mar 2009, London

Click on the link below for more information and further training days.

<http://www.mindfields.org.uk/?wor=outl&code=RB>

Supporting Parents of Troubled Teenagers: Proven Skills and Techniques that will Improve Family Functioning

Caring for adolescents is often challenging at the best of times, but when young people choose the troubled or troublesome route to adulthood they stretch their parents' resources to the limit. Caring professions are beginning to take up the challenge of supporting such parents, but in doing so often meet barriers of resistance, anger and despair which hinder their effectiveness. This workshop is run by Richard Brook through Mindfield Colleges

- Fri 30th Oct 2009, Bristol
- Mon 16th Nov 2009, London
- Mon 7th Dec 2009, Manchester

Click on the link below for more information and further training days.

<http://www.mindfields.org.uk/?wor=outl&code=TT>

Working with Personality Disorders

28th November, London. This one day training course from Matrix Associates, aims to provide introductory training in working with people who have personality disorders and break some of the misconceptions often that surround them.

Download flyer and booking form for more information:

http://www.matrixtrainingassociates.com/MH/MH_PD.pdf

http://www.matrixtrainingassociates.com/training_courses/booking_form.doc

2009 National DRE Conference

March 12th 2009. Information will be available on the DRE website nearer the date.

<http://www.actiond्रे.org.uk>

Policy and Government Reports

Reference guide to the Mental Health Act 1983

The aim of this guide is to set out the main provisions of the Act and the associated secondary legislation, as they will stand at 3 November 2008 (which is when the majority of the amendments made by the Mental Health Act 2007 take effect).

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_088162

Legislating for Sure Start Children's Centres

The Government is consulting on proposals to give Sure Start Children's Centres (SSCCs) a specific statutory legal basis, as part of the forthcoming Education and Skills Bill.

Consultation closes on the 6th November 2008.

<http://www.dcsf.gov.uk/consultations/conDetails.cfm?consultationId=1575>

Consultation on a National Framework For Assessing Children and young people's Continuing care

Consultation document on proposals for a National Framework for assessing children and young people's continuing care. The Framework is intended to assist Primary Care Trusts (PCTs) to apply a consistent and transparent approach to assessing the healthcare needs of children and young people and to work jointly with local authorities (LAs) to provide services in the light of those needs. This Framework will apply in respect of children and young people under the age of 18 years.

http://www.dh.gov.uk/en/Consultations/Liveconsultations/DH_088829

Reports

NICE clinical guidance: Attention deficit hyperactivity disorder: Diagnosis and management of ADHD in children, young people and adults

New guidance from NICE on the care, treatment and support that children, young people and adults with ADHD should be offered.

<http://www.nice.org.uk/guidance/index.jsp?action=byID&o=12061>

SCIE Research briefing 29: Black and minority ethnic parents with mental health problems and their children

Research briefing by R. Greene et al., looks at what helps to understand the experiences of BME families where one or both parents have severe or enduring mental health problems and where children are under the age of 18.

<http://www.scie.org.uk/publications/briefings/briefing29/>

Early Intervention: Good Parents, Great Kids, Better Citizens

Report from the Centre for Social Justice, and the Smith Institute, looks at how early intervention can help tackle various societal problems.

<http://www.centreforsocialjustice.org.uk/client/downloads/EarlyInterventionpaperFINAL.pdf>

Youth Mentoring: A Good Thing?

This report by Richard Meier, states that that the government is strongly supportive of mentoring, however there is little evidence of its benefits to vulnerable youths. It argues for a fundamental rethink of mentoring in the UK where all mentors are highly skilled and undergo sufficient training.

<http://www.cps.org.uk/cpsfile.asp?id=1036>

Going Places!

A report from the Every Disabled Child Matters campaign group which outlines what disabled children and young people feel the government needs to do to ensure they have happy, healthy and safe teenage years, in line with commitments made in the Children's Plan.

http://www.edcm.org.uk/Page.asp?originx_5175bn_2888810122597t49o_20089184948s

Positive behaviour in the early years: Perceptions of Staff, Service Providers and Parents in Managing and Promoting Positive Behaviour in Early Years and Early Primary Settings

The full report of research from the Scottish Government into Positive Behaviour in the Early Years: Perceptions of Staff, Service Providers and Parents in Managing and Promoting Positive Behaviour in Early Years and Early Primary Settings

<http://www.scotland.gov.uk/Publications/2008/09/12112952/0>

An Evaluation of Specialist Mental Health Services for Deaf Children and Young People

This report by B Beresford et al., is an evaluation of a pilot specialist mental health service for deaf children in West Midland and York.

<http://php.york.ac.uk/inst/spru/pubs/1110/>

Out of the Shadows: A Review of the Responses to Recommendations Made in Pushed into the Shadows: Young People's Experiences in Adult Mental Health Facilities.

A joint report from 11 MILLION, led by the Children's Commissioner for England, YoungMinds and Very Important Kids (VIK), says that although some authorities are making good progress, others still have some way to go.

<http://www.youngminds.org.uk/ym-newsroom/press-releases/document-library/pdf/YoungMinds%20out%20of%20the%20shadows%20report.pdf>

Resources

Workforce Development in CAMHS

Presentations from the national conference held at the Walker's Stadium in Leicester, 25th September 2008.

http://www.newwaysofworking.org.uk/camhs/workforce_conference_25th_sept.aspx

Children looked after in England (including adoption and care leavers) year ending 31 March 2008

The latest national statistics on looked after children produced by the Department for Children, Schools and Families

<http://www.dcsf.gov.uk/rsgateway/DB/SFR/s000810/index.shtml>

Dealing with bullying and the importance of friends

A ChildLine teachers' pack for children and young people in pupil referral units and other out of school provisions, addresses issues such as bullying, friendship and decision making.

http://www.nspcc.org.uk/Inform/resourcesforteachers/classroomresources/DealingWithBullying_wda58874.html

Bed Open Overnight - Availability and Occupancy

New data from the DH which looks at the number of beds available in England by ward type, and includes beds for children with mental illness.

http://www.performance.doh.gov.uk/hospitalactivity/data_requests/beds_open_overnight.htm

No Such Thing as Too Early

Article in YoungMinds Magazine by Jennifer Trueland reports on perinatal mental health provision in Scotland.

<http://www.youngminds.org.uk/document-library/pdf/yym-featured-downloads/YMM-featured-download-iss-96.pdf>

A Network to Meet a Need

Article in YoungMinds Magazine by David Goodban, which reports on the development of a new perinatal and infant mental health network in England.

<http://www.youngminds.org.uk/document-library/pdf/yym-featured-downloads/YMM-featured-download-iss-96.pdf>

Research

Five Years On: Public Sector Service Use Related to Mental health in Young people with ADHD or Hyperkinetic Disorder Five years After Diagnosis

This study compares services use of children and young people who were diagnosed with ADHD in a clinic, compared to those in an epidemiological group who were diagnosed with the disorder. By Ford, T. et al. (2008). *Child and Adolescent Mental Health*, 13 (3), pp. 122-129.

<http://www3.interscience.wiley.com/journal/120125960/abstract>

A Journey of Self-Discovery: An Intervention Involving Massage, Yoga and Relaxation for Children with Emotional and Behavioural Difficulties Attending Primary School.

This study looks at how participating in the Self Discovery Programme (SDP) helped children aged 8-11 years, with special educational needs, including emotional and behavioural difficulties, improved their self-esteem, social competencies and behaviour compared to a control group.

By Powell, L. et al. (2008) In *Emotional and Behavioural Difficulties*, 13 (3), pp. 193-199.

<http://www.informaworld.com/smpp/content~content=a901897252~db=all~order=page>

If you have received this bulletin via some one else and would like your own copy or have comments please contact [Paula Lavis](#)