

Healthier Communities

Sub Group Meetings:

All to be held at the Resource Centre, VAC, Hall Street Halifax, HX1 5AY from 10 to 11.30am

Wed 14th May

Wed 25th

Wed 3rd September

Wed 15th October

Dates for your Diary 2008

Interested in representing the voluntary sector then these meetings are for you. They are part of the Calderdale Community Forum structure

Mental Health and Well Being Sub-Group

Wed 7th May at 1.30pm at Women's Centre, Silver Street, Halifax (near Bull Green Roundabout)

The Health Development Project has various health themes which it hopes to support the **voluntary and community sector (VCS)** to develop and even deliver. If you are interested in any of the following please contact Laura Able details above.

Groups Success in delivering Alcohol Brief Interventions target.

VCS success as the borough total Local Area Agreement target was doubled with groups contributing over a third of this target. The reward (element) of £25 per alcohol screening and brief intervention for your organisation is continuing but has tightened up and it is essential for groups who have been involved to go on a refresher course. New groups are also encouraged to get trained. For new refresher/training dates see page

Weight Management

Are you interested in Training to be a Weight Management course leader? It involves commitment and a Level 2 in a related field but potentially offers you and your organisation new skills and a chance to have a healthy impact.... Or if your organisation would like to host a weight management leader who can run a course with your group please get in touch to discuss the possibilities.

If your group or organisation has an interest in supporting people to get back to work

Or getting people to do sport? Please contact Laura

Safeguarding Vulnerable Adults training

April's Safeguarding adults training was really well attended and the feedback for the training session was good. There is another planned for July please book soon as there are only 15 places available.

Contact laura@calderdalecommunityforum.co.uk

Voluntary Action Calderdale

Urban Community Development Consortium

Do you know what you want to do with the rest of your life?

Do you really know what you are capable of?

Do you have a plan and know how to achieve it?

Amaze yourself

Come along to this course and unleash your hidden skills

Make Your Experience Count

at

Voluntary Action Calderdale, The Resource Centre

(Trainer - Marilyn Sutcliffe, Calderdale Adult Learning)

3 hours per week every Wednesday over 3 weeks

30th April, 7th & 14th May

The course is free and for people living in the Urban area of Halifax who are involved with a voluntary and community group either as a volunteer, paid worker or committee member. For more information or to book a place please contact Gil Ejsymontt 01422 348777 gil.ejsymontt@cvac.org.uk

Department of Health

New guidance following on from the publication of the Government's obesity strategy 'Healthy Weight, Healthy Lives' has been published by The Department of Health. It sets out what actions PCTs and local authorities, and their partners, can take to deliver their child obesity goals as part of the NHS Operating Framework Vital Signs and the Local Government National Indicator Set.

[Healthy Weight, Healthy Lives: Guidance for Local Areas webpage>>http://nationalobesityforum.org.uk/content/view/370/191/](http://nationalobesityforum.org.uk/content/view/370/191/)

Department for Communities and Local Government

New consultation to give people greater say over local spending

Communities Secretary Hazel Blears has set out a new draft Participatory Budgeting Strategy for consultation today, 19 March, to give people in every local authority area a greater say on how public money is spent by 2012, including exploring for the first time using 'community kitties' for projects to fight crime and tackle obesity. **The consultation closes on 10 June.**

[CLG press release>> http://www.communities.gov.uk/news/corporate/728340](http://www.communities.gov.uk/news/corporate/728340)

[Consultation documents webpage>> http://www.communities.gov.uk/publications/communities/participatorybudgeting](http://www.communities.gov.uk/publications/communities/participatorybudgeting)

Renewal. net

The publication 'Using Local Area Agreements to Reduce Health Inequalities' looks at how health inequalities are being addressed by local strategic partnerships (LSPs), primary care trusts (PCTs), local authorities and other key partners. The focus is on using Local Area Agreements (LAAs) as a means of integrating health inequalities targets within mainstream service delivery to disadvantaged groups and neighbourhoods.

ENGAGING WITH FAMILIES THE CALDERDALE WAY



23rd April 2008 9.30am—2.30pm

**Heath Training Centre, Free School Lane, Halifax
HX1 2PT**

This one-day conference and workshop event is for parents of disabled

children, senior professionals and those working in the field of parent and young people's participation.

The day will explore ways of listening to families and involving them in the planning, design and delivery of local services.

Call 01422 343090 for more information

**This conference is free to Calderdale Parents,
£25 to Calderdale Professionals**

**£10 to parents outside Calderdale,
£40 to professionals outside Calderdale.**

National Obesity Forum

**Obesity: The Scourge of Modern Civilization
6 & 7 October, London**

The NOF conference programme offers: speakers from the world of medicine, politics and the

media, **Obesity Research Award 2008,**

Excellence in Weight Management Awards 2008,
debates and two exhibition halls.



Benefit Gig

28th May 2008



As part of the build-up to Refugee Week 2008

Voluntary Action Calderdale has organised a fundraising gig to raise money for local organisations

that provide support services for asylum seekers, including St Augustines Support Centre and HASP

(Homeless Asylum Seeker Support Project.

Doors 7pm. First band 7.30pm Tickets 9 pounds in advance.

The Sex Patels

Mix of sitar, tabla, punk classics and soulful vocals. Take Pretty Vacant add a Asian Flavoured Lounge song.

Chris T-T - "A national gem of a songwriter." (The Independent)

Chris T-T is not a man to keep his opinions to himself. And when he voices them, it most often results

in someone being offended, outraged or otherwise aghast. His carefully crafted songs about suicide bombers,

serial killers, sellotape and sex often get members of his audience riled, and though there have been a

few frightening threats, he's never yet been punched.

Tracey Curtis an emotive and heartfelt singer songwriter who is taking her music to folk festivals, punk festivals, veggie cafes, folk clubs, theatres, pubs, clubs, prisons and Oxfam shops all over the UK.



Bleeding Hearts -Punk energised power pop with superb melodies (*Rock 'n' Reel*)



James 'Bar' Bowen singer, song writer, guitarist, raconteur and all round good bloke.

'Bar' is a polished performer...shows in his complete control of the stage" Brightredmarker



Gardening course for people over 50!

As part of the Incredible Edible Todmorden partnership, there will be a **six-week gardening course** starting at the Acorn Centre on Wednesday afternoons, beginning 7th May - more details coming soon. The course is open to local people aged over 50, and costs £1.00 per session. Hot and cold drinks and cakes will be available from the lovely cafe.

We will be looking at all aspects of growing things, regardless of whether you have acres of land or just a windowsill, and the course will be suitable for beginners and experts alike. It will focus on a project (details coming soon!) at the Acorn Centre, like creating a herb garden for the cafe, making window-boxes, and for the more adventurous, a bit of digging and pruning too!

This will be a great way to get out and meet people as the weather gets warmer and (hopefully) nicer, so please don't be shy...for more information, or if you would like to help out by volunteering, please give Beth a ring on **01706 815337** for a friendly chat.

If you know of an older person who is isolated or lonely for whatever reason, OAK may be able to help.

We run lots of fun, healthy and educational activities around Todmorden (including Cornholme and Walsden) which are suitable for all, and we can arrange transport for people unable to get there under their own steam. All activities cost just £1.00 and are always in warm, comfortable, accessible venues. Do give us a ring and see what we're up to, or look out for our programme or newsletter at Age Concern and in the Library (coming soon)!

Todmorden University of the Third Age

The learning co-operative for third-agers

Public Meeting

Wednesday 30th April

2.00 – 4.00

Todmorden Town Hall

All welcome

What is the University of the Third Age (U3A)?

It's a unique and exciting self-help educational movement for people no longer in full-time work.

More information is available

on www.u3a.org.uk

For more information:

Contact Tess McMahan at the Neighbourhood Scheme on 01706 815337 or email nscot@cvac.org.uk

People's Park Festival 2008

Sunday 13th July 2008

People's Park Festival is a multi-cultural event; its main purpose is to bond together the different cultures within Calderdale and to

promote the newly restored heritage in the People's Park.

Would you like to support People's Park Festival 2008. There is a range of different ways that this can be done. These include a financial

donation or support of an Act or part of the Programme of Arts, or

support of part of the Festival for example the Stage, Sports Arena, or marquee, or through personal support by becoming a member of the

Festival Association.

The Festival Programme will include the opportunity to purchase

advertising space of a quarter page £50, half page £75 or whole page £150. A banner on the stage front would cost £150 (your own banner).

If you wish to provide any support for the Festival please contact, Wendy Kaye by telephone on 01422-347392

CSCI is carrying out a major review of the eligibility criteria that councils use to decide whether or not a person receives help from the council with social care services.

They are asking for your help in carrying out this review. There are two ways for you to get involved:

- [by taking part in their online survey](#) (this survey is also available in [alternative formats](#))
- [by sending a written submission from you or your organisation](#)

To take part in the survey please log on to www.csci.org.uk or alternatively if you need more information or any other enquiries please contact, enquiries@csci.gsi.gov.uk

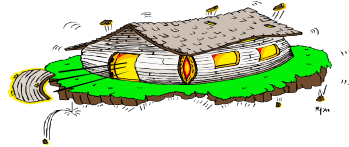
The consultation stage of the review will close on the **9 May 2008**.

Earlier this year CSCI were asked by Care Services Minister, Ivan Lewis, to look at how the system for deciding who qualifies for support from local councils could be improved. The Minister's request came after CSCI launched their third annual State of social care report in January 2008. This found that there is a sharp divide between people who do and do not qualify for social care.

- [Read more about the State of social care in England 2006-07 report](#)

The current system used by councils to determine access to social care services is called **'Fair Access to Care Services'** (FACS). CSCI aim to make recommendations on how this system could change to meet the Government's vision of more personalised social care services.

Are You Safe In Your Home



Would like to invite you to an Information Day at

Northowram Methodist Church

Friday 13th June 2008 (10am – 3pm)

REFRESHMENTS!!!!



For further details contact

Anne Cuthbert at

Age Concern Calderdale on 01422 252040

Police Service

Fire Service

Age Concern

Pensions Service

Leisure Services

Health professionals

Pennine Housing 2000

Housing Energy Team *plus many more!!!...*
please come and join us

Healthy Minds

The next meeting of the Management Committee will take place on Tuesday 29th April 2008 at 11:00 am at the Elsie Whiteley Innovation Centre, Hopwood Lane, Halifax, HX1 5ER.

Agenda.....

Apologies

- Minutes of the Management Committee meeting held on 13th March 2008 (attached)
 - Matters arising
 - Management Committee Report (attached)
 - Brokerage Service for Direct Payments (general discussion)
 - Liaison with service user groups (standing item)
 - Arrangements for the first Annual General Meeting of Healthy Minds
 - Any other business
 - Dates of future meetings
- a. Tuesday 10th June at 11:00 at Elsie Whiteley Centre
- b. Thursday 24th July at 11:00 at Elsie Whiteley Centre

Healthy Minds

Options for participation in the Big Life group

Each of these options has its merits, but they are largely driven by the interests of the founder members of your organisation. Do they wish to take on the full legal responsibilities of running a centre, or do they want to influence how it operates?

Option One – Consultancy

The Big Life Company can provide consultancy services to new organisations who are establishing themselves as independent organisations. An example of this would be the support offered to CHAP in Salford. The Big Life Company managed the finances and employed the staff of CHAP, whilst it supported the Board to develop and establish basic organisational processes and procedures. After a two year period the Board felt sufficiently confident to take on the direct running of the organisation, and the staff were transferred to their employment.

The Big Life Company carried out this support for a fixed fee each financial year. This fee was actually funded by the New Deal for Communities who were committed to the development of a local organisation and wished to bring in the expertise The Big Life Company could offer.

Option Two – Affiliation

In this option a new organisation agrees to enter into a Franchise Agreement with the Big Life Company. A copy of the Franchise Agreement is attached. Under this agreement, the new organisation is able to badge itself as – a big life affiliate. It has to purchase corporate services annually from the Big Life Company for a fixed fee of 7% of its income. All affiliates have to operate according to the Big Life Company policies and are branded as part of the group. However, the new organisation is established as a separate legal entity with its own Board of Directors/Trustees. Members of the Big Life Company Directors attend the affiliate Board meetings, but are not members of the affiliate Board. The Franchise is the legal agreement between the two companies, which outlines the services and obligations of each to the other. If an affiliate wishes to end its relationship with the Big Life group, it is required to change its branding.

Option Three – Full participation

If Healthy Minds were to be successful in securing a centre from which to operate, it could ask Big Life Centres (one of the charities within the Big Life group), to take on this contract on its behalf. Existing members of a management committee or steering group could form an Advisory Committee for the centre. Currently all of Big Life Centres operate this model. For instance – the Stockport Well Being Centre is funded through a contract from Stockport Council. Big Life Centres manages this contract and employs the staff. Local people who campaigned for the centre to be set up, formed an Advisory group which meets bi monthly and makes decisions about the services to be offered in the centre and to ensure the centre operates according to its original vision. Many of them are also volunteers at the centre.

Healthy Minds Questionnaire

Healthy Minds is a new community organisation in Calderdale. We are planning to set up a centre in Halifax in 2009 to provide a range of mental health and wellbeing services.

We want to find out from people locally what their views are about our proposals. This will help us to make sure the new service meets local needs.

Please take a few minutes to answer the questions below.

1. What services should the wellbeing centre provide?

Please tick as many boxes as you wish.

- Opportunities to get involved in self-help groups
- Information and advice
- A Calderdale mental wellbeing website
- Training sessions e.g. on personal development
- Workshops on different views about mental health issues
- Healthy lifestyles activities
- Opportunities to volunteer
- Support to find work
- Help in finding and using other services
- Counselling
- Complementary therapies

If you think we should provide any other services, please give details below:

2. Would you, or a friend or relative, be likely to use a centre providing the services listed above?

Yes / No

3. If you would not use the service, it would be helpful if you could tell us why.

4. We are planning for the wellbeing centre to be in Halifax. Do you think we should also provide a part-time service in any of the following places?

Please tick as many boxes as you wish.

Todmorden

Hebden Bridge

Brighouse

other

5. Do you think there are gaps in mental health services in Calderdale?

Yes / No

If yes, please give details below:

Thank you for answering these questions. Please return the form to us by using the freepost envelope.

It would be helpful if you could give details of the first part of your post code - e.g. HX1 - so that we can get an idea of where responses have come from: -----

5. Do you think there are gaps in mental health services in Calderdale?

Yes / No

If yes, please give details below:

Thank you for answering these questions. Please return the form to us .

It would be helpful if you could give details of the first part of your post code - e.g. HX1 - so that we can get an idea of where responses have come from: -----

If you would like to receive a summary of the results of our consultation, or get more details about Healthy Minds please give details of your name and address. If you wish to apply for membership of Healthy Minds please fill in the attached form.

Name:

Address:



Healthy Minds gratefully acknowledges grant from the Community Foundation funded by the Kathleen Mary Denham Legacy